

— 2024 —
NSS KIMITO
— FINLAND —

PRESENTATION OF COURSES AND LECTURES



**Course 1 and 16 *Ecological knitting English* (Veera Jussila)
4 h**

The most ecological yarns can already be found in our homes. In the workshop we'll talk about using scrap yarns in knitting, and what you should take into account. In addition to color theory and materials, we discuss ideas for using unraveled yarn and combinations of different knitting techniques. During the workshop we will start one or more scrap yarn designs.

**Course 2 and 14 *Tablet weaving for beginners Swedish* (Maikki Karisto)
4 h**

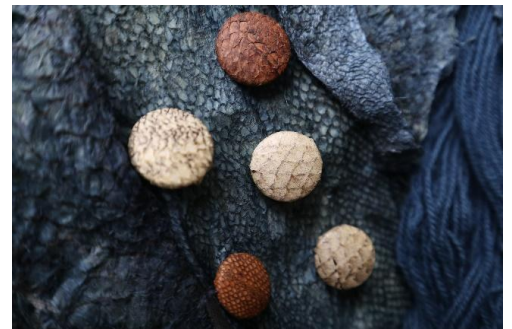
Beginners: Basics, weaving on a ready-made warp.

**Course 3 *Different ways to make a fur trim Swedish* (Lee Esselström)
4 h**

Different ways to make a fur trim from wool. Many traditional old garments have a fur trim, but you can choose more environmentally friendly alternatives and also learn to use wool which might otherwise be thrown away today.

**Course 4 and 27 *Tanning fish skin Swedish* (Hanna Nore)
12 h (3 x 4h)**

During a 12-hour course, you learn to tan and dye fish skins with organic and traditional methods. We will get to know different traditional leather tanning techniques and tan fish skins with alum and dye the fish skins with different plants, then we manufacture fish skin buttons.



**Course 5 *Embroider on knit (felted) with Teneriffe lace Swedish* (Annika Baarman-Sundblom)
4h**

Learn how to embroider on knit or felted fabric with Teneriffe lace



**Course 6 and 22 *Paper wreath Swedish* (Niina Vuorinen)
4h**

Knit a summery paper wreath with flowers

Course 7 and 29 *Modern embroidery and a reusing mindset Swedish (Pernilla Vikström)*
8h

The course is for those of you who never thought that embroidery would be something for you, or for you who previously embroidered and now want to revive your dormant skills. Modern embroideries do not follow given patterns but inspire free creation and the opportunity to convey messages via needle and thread and at the same time provide soothing relaxation. We reuse materials such as fabrics, tablecloths and yarn in accordance with the important reusing mindset, create our own patterns and learn basic stitches with the help of the "embroidery wheel". We can all become an embroiderer.

Course 8 and 20 *Tablet weaving for advanced Swedish (Maikki Karisto)*
4 h

Advanced: Special techniques of Finnish archaeological tablet-woven bands, for example half-turns and tubular selvedge. Warps are ready-made.

Course 9 and 32 *Dyeing with Mushrooms Swedish (Niina Vuorinen)*
8h

We color with mushrooms and also try polypores and lichens. The mushrooms contain a lot of dye and give warm color tones that are resistant to light. The mushroom dyes adhere well to animal fibers. Mushrooms/polypores/lichens are ready on site.



Course 10 *Knit Lithuanian braid Swedish (Lee Esselström)*
4 h

Learn how to knit Lithuanian braid.

Course 11 and 23 *Tufting English (Veera Jussila)*
4h

In the workshop, we will go over a needle technique similar to a punch needle, i.e. tufting. By tufting you can create a spectacular surface, beautiful patterns and also can use scrap yarns. You will learn how to use a tufting needle and suitable fabrics for your tufting needle and design.

Course 12 and 28 *Invisible stranding Swedish (Jojo Stolpe)*
4 h

If you want to learn how to knit multicolored knitting and color dominance in a flexible way and at the same time avoid loose floats on the wrong side and get a smoother right side, then this is something for you.



Course 13 and 19 Stitch markers with birch bark Swedish (Minna Mollgren)

4 h

Learn how to make stitch markers with birch bark and get familiar with a lovely natural material and a traditional craft all in one.

The course also works as a simple introduction to working with birch bark in general.



Course 14 see course 2 Tabletweaving for beginners Swedish (Maikki Karisto)

Course 15 Automatic grading of patterns English (Anna Johanna)

4 h

In this class, you will learn to grade knitting patterns using Excel. We will calculate a simple, boxy sweater in one size and learn to automatically grade the pattern into several sizes. Finally, all the calculations are gathered together for easy pattern writing.

Course 16 see course 1 Ecological knitting English (Veera Jussila)

Course 17 Embroidery portraits Swedish (Pernilla Vikström)

8 h

Embroidering portraits of people and animals is not as complicated as it seems. With a few simple basic stitches, you can create beautiful personal embroidery with portraits of people or why not your pets, we also use the technique negative space embroidery to create beautiful portraits. The course is for beginners but also for those who have embroidered before. We can all become an embroiderer.

Course 18 Wooden buttons Swedish (Johanna Söderlund)

4 h

If you knitted your cardigan, it deserves unique buttons. Make your own from birch, apple tree or juniper.



Course 19 see course 13 Stitch markers with birch bark Swedish (Minna Mollgren)

Course 20 see course 8 Tabletweaving for advanced Swedish (Maikki Karisto)

Course 21 Nålbindning/ Needlebinding Swedish (Minna Mollgren)

8 h

Older than knitting or crochet, only needs one needle and won't unravel, what could it be? Needlebinding of course! During the course you will learn the basics of this fantastic technique!



Course 22 see course 6 **Paper wreath *Swedish* (Niina Vuorinen)**

Course 23 see course 11 **Tufting *English* (Veera Jussila)**

Course 24 **Short row knitting *English* (Anna Johanna)**

4 h

Short rows are used to shape knitting. You use them to make a bust dart in your sweater or shape the hem longer in the back etc. Short rows are also often used to shape shawls and the heel of a sock. In this class, you will practice different short row techniques, e.g., wrap & turn, German short rows and shadow wraps.

Course 25 see course 34 **Yoke sweater from leftover yarns *Swedish* (Annika Konttaniemi)**

8 h

We are inspired by our leftover yarn, plan and start knitting a yoke sweater without a pattern. Please take leftover yarns with you.



Course 26 **Braided ribbon *Swedish* (Maikki Karisto)**

4 h

Braided ribbon: You learn the very special method to make braided ribbons with 9, 13 and 17 threads.

Course 27 see course 4 **Tanning fish skin *Swedish* (Hanna Nore)**

Course 28 see course 12 **Invisible stranding *Swedish* (Jojo Stolpe)**

Course 29 see course 7 **Modern embroidery and a reusing mindset *Swedish* (Pernilla Vikström)**

Course 30 **"Steeking", cutting your knitted garment *English* (Anna Johanna)**

4 h

Steeking is a technique for cutting your knits. The technique is especially useful with stranded knitting as it allows you to work your cardigan in the round and cut it open at the end. In this class, you will practice reinforcing a steek and cutting your knits. We will also cover different finishing touches for the raw steek edge.

Course 31 **Knitting different types of heels for socks *Swedish* (Jojo Stolpe)**

8 h

Come and test a catalog of different heels. Which ones are knitted from the top and which from the bottom? All feet look different, so why should all socks be knitted according to the same pattern?

Course 32 see course 9 **Mushroom dyeing *Swedish* (Niina Vuorinen)**

8 h

Course 33 Intarsia in the round *English* (Anna Johanna)

4 h

Intarsia is a technique for working color blocks without carrying along the other yarn avoiding floats on the wrong side like in stranded knitting. In this class, you will practise different ways of working intarsia in the round. This way, you can make, e.g. seamless sweaters and hats with contrast color blocks.

Course 34 see course 25 Yoke sweater from leftover yarns *Swedish* (Annika Konttaniemi)

Course 35 Haapsalu-shawl *Swedish* (Johanna Söderlund)

4 h

A Haapsalu shawl should be so thin that it goes through a wedding ring. Hear the story of the shawl, knit a sample and possibly start planning your own shawl.



Course 36 Fitted sleeves, seamless, top down *English* (Anna Johanna)

4 h

In this class, you will practice working fitted sleeves top-down so that there are no seams to sew at the end. Working sweaters top-down makes it easy to try them on to check the fit. It also saves you from playing a game of yarn chicken as you can first work the sleeves and then use the rest of the yarn for the hem. Many top-down designs feature raglan sleeves because those are easy to make. However, raglan sleeves don't fit the shoulders quite as pretty as fitted sleeves. In this class, you will make a miniature sample sweater to try out the technique. You will also receive a cardigan pattern featuring fitted sleeves.

Course 37 Birch bark needle case *Swedish* (Minna Mollgren)

4 h

Do you want to get a bit more familiar with working with birch bark?

Learn how to make a needle case using a traditional technique often seen in small baskets!



Lectures

Kimito municipality opens the symposium.

Lee Esselström *Swedish*: The history of the Strömsö sweater - from idea to 2 million page loads and museum object in 2 years. About creating patterns with historical roots and creating history today.

Maria Lindén *Swedish*: Brage's folk costume agency talks about folk costumes in Swedish Finland.

Kaie Ahlskog *English*: The quality of the wool in the Finnish sheep breeds

Anna Johanna *English*: A view into knitwear design, this lecture will give you a glimpse into knitwear designing. I will go through all the stages of the design process from swatching to publishing the pattern, e.g., where do I get my inspiration, how to choose materials, how to do all the necessary math and grading, making schematics and charts, test knitting, photographing, photo editing, publishing – independently vs. for a publication.

Pernilla Vikström *Swedish*: "An embroiderer's confessions - to experience the passion for a craft and find creativity, inspiration and motivation in the middle of life" Do you dare follow your dreams when you are over 50? Dare to slow down to pick up the pace. Dare choose embroidering as a profession.

Ann-Cathrine Sipilä *Swedish*: Knitting - identity building and well-being

